

## Next Steps

Please complete the following Next Steps, to integrate your experiences within your own schools and communities with the information presented in this chapter.

1. How have executive function skills played a role in your own success in life? Which executive function skills do you see your students struggling with the most?
2. Do you see learned helplessness or an external locus of control playing a role in your students' choices and approaches to learning?
3. What types of actions has your school or district taken to remediate, or even begin to prevent, students who arrive at school without readiness to learn?
4. What are your school or district's mobility, homeless, and absence rates? Find out what your school and district are doing to address these factors, and see how you can contribute to the conversation.
5. If you haven't done so, consider taking the original ACEs survey (available at <https://acestoohigh.com/got-your-ace-score>) for your own information. Are there ACEs that your students experience, which are not on the original study's list? What would an ACEs survey for *your* community look like?
6. How much review do you plan for, at the beginning of a new school year? Have you noticed that some students require more review than others? What is happening in your community to increase the resource stream for students during vacations?